



The Partnership For A Tobacco-Free Maine (PTM) is pleased to announce the launch of a new training program:

## THE MAINE HELPERS TRAIN-THE-TRAINER PROGRAM

### Program Description:

Become a Certified Helpers Trainer (CHT). CHT's are authorized to schedule and conduct their own Helpers Trainings. Helpers Trainings provide practical skills and information to both non-clinical professionals and to non-professional lay helpers who have a desire to assist Maine residents with quitting the use of tobacco. The certification period is 3 years.

The *Helpers Program*® is a copyrighted program of The University of Arizona College of Medicine. This program is brought to Maine through an agreement with the University of Arizona and PTM's training contractor, the MaineHealth Center For Tobacco Independence. For more information, contact:

Becky Hendrix  
Phone: 207-662-7122 or [hendrr@mainehealth.org](mailto:hendrr@mainehealth.org)

### Who Should Attend:

Health care professionals, community health workers, educators, and health care administrators with a minimum educational requirement of an Associates degree and tobacco-free for at least one year

### When and where:

10/24/11 – The MaineHealth Building at 110 Free Street, Portland, Maine

3/14/12 – The Black Bear Inn, Orono, Maine

Time: 8:30am-3:30pm

### Registration

The cost of this full day training is \$60.00 and includes materials for the day, continental breakfast, lunch and ceu's . Class size will be limited to 50.

This continuing nursing education activity has been submitted for approval to ANA Maine, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



**Maine Helpers Train-the-Trainer Program  
Partnership For A Tobacco-Free Maine**

Name: \_\_\_\_\_

Position/Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ County: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please complete the following:

**Which of the following best describes your specialty/profession? (check all that apply)**

- |  |  |
|--|--|
| <input type="checkbox"/> Physician                   | <input type="checkbox"/> Psychologist                  |
| <input type="checkbox"/> Nurse Practitioner, PA, CMW | <input type="checkbox"/> Registered Nurse              |
| <input type="checkbox"/> Respiratory Therapist       | <input type="checkbox"/> Substance Abuse Counselor     |
| <input type="checkbox"/> Social Worker               | <input type="checkbox"/> Licensed Mental Health Worker |
| <input type="checkbox"/> Mental Health Worker        | <input type="checkbox"/> Dental Professional           |
| <input type="checkbox"/> Health Educator             | <input type="checkbox"/> Other                         |
- \_\_\_\_\_

**Please select location:**

October 24, 2011 at MaineHealth, 110 Free Street, Portland, ME

March 14, 2012 at the Black Bear Inn, 4 Godfrey Drive, Orono, ME

**Cost of training:** There is a \$60.00 registration fee for this training. Please return this form by mail or fax to 662-7135. **Make checks payable to Maine Health. Visa and Mastercard are also accepted.**  Mastercard  Visa

CC# \_\_\_\_\_ Exp. \_\_\_\_\_

Mail registration to:  
Center for Tobacco Independence  
Attn: Becky Hendrix  
22 Bramhall Street, Portland, ME 04102

or Fax: 662-7135